

What patients and doctors are saying



Brilliant service."

E Hughes (Female, 29), Patient



My first experience of this new system could not be faulted, excellent in every respect."

P Gallagher (Male, 77), Patient



Great system. Stressless. Able to think through your own words - rather than rushing through them face to face and missing things or not being clear."

J Macnamara (Female, 51), Patient



The best service I have experienced at the GP in years, or possibly ever - thank you!"

L Barad (Female, 34), Patient



I'm more confident that no-one is stuck at home worrying about not being able to contact us."

Dr Sue Arnott, GP



Getting Started

Thousands of fellow patients across the UK already benefit from this approach.

1 Visit your practice website



2 Click on askmyGP



3 Click consult your GP

Consult your GP

4 Sign up as a new user with a few details.

You can ask for help as a patient, or as a parent or carer of someone else.

5 Then just answer a few simple questions and wait for your GP to contact you.

Look out for an email notification when secure messages are available.



**Faster, easier access
to your GP surgery**

Rapid | Personal | Secure



Visit your practice website
and click on **askmyGP**

Faster, easier access to your GP surgery

When you're feeling ill or anxious the worry of trying to get through to your GP surgery can be the last straw.

Our new service, **askmyGP**, now means that you can request help from your practice when, where and how it suits you.

Enjoy feeling more in control as you ask for help securely from your smartphone, tablet or computer. Bookmark the link in your browser so you don't forget.

All personal information you provide remains secure

What is askmyGP?

It's our online service where you can seek help from a GP. The information you give us means the doctors - or other members of staff - are better informed and can help you with your problem quicker.



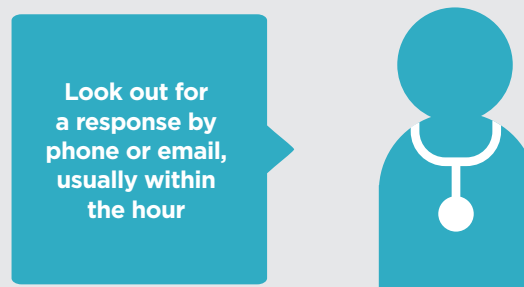
How does it work?

Three simple steps

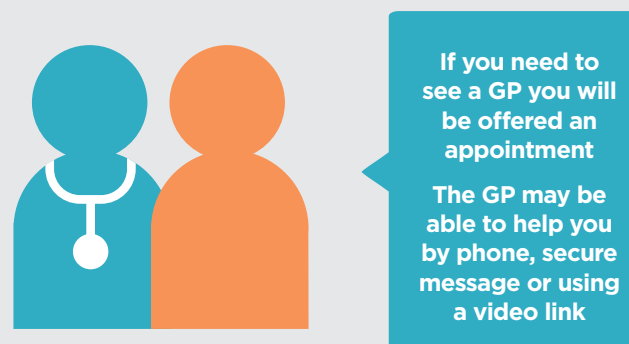
Complete your online askmyGP request



The GP works out how best to help you



You see or speak to the GP



With askmyGP:

- ▶ You can message us at any time
- ▶ There's no need to book ahead
- ▶ You can ask for an individual GP, and check when they are working
- ▶ You can look forward to a prompt response in working hours
- ▶ You can let us know how and when it's best to get back to you

askmyGP means you can get help quickly for yourself as a patient, as a parent or carer, for:

- ▶ A medical problem (non-emergency)
- ▶ Advice and reassurance
- ▶ Any other question for your surgery

How does askmyGP help you?

askmyGP helps you to avoid unnecessary visits to our practice.

Independent research shows that many requests from patients and their carers can be handled safely and effectively by phone, secure message or video link.

Your medical details remain confidential to you and your GP



Visit your practice website and click on **askmyGP**