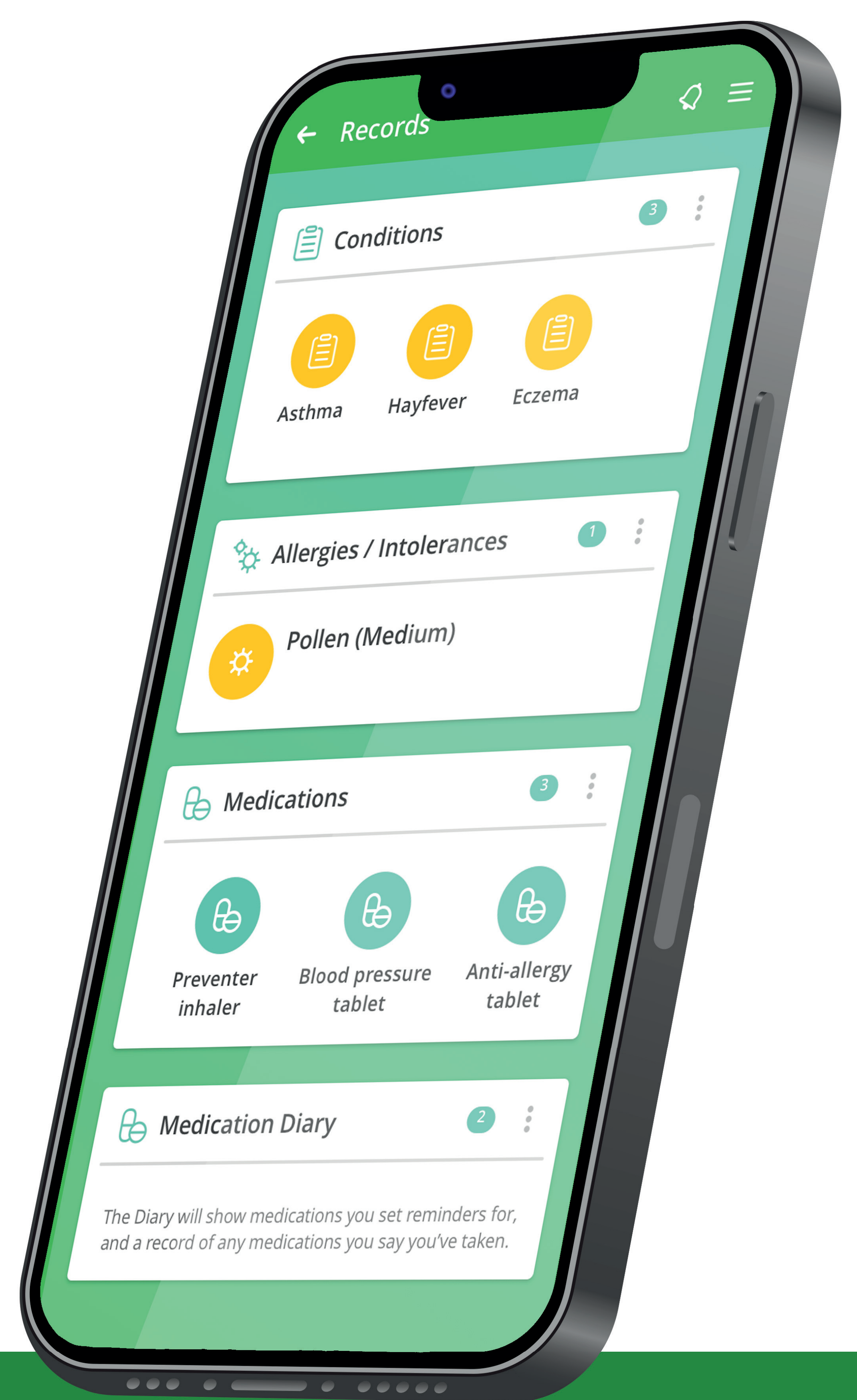


# Get faster, easier access to your GP services with your Personal Health Record

## Your Personal Health Record

Manage appointments, order repeat prescriptions, access your medical record and results, and get guided support to reach your health and wellness goals.

**All in the Evergreen Life app!**



Download the **Evergreen Life PHR** app on your smartphone or tablet



Click on **GP services** and log in using your **NHS login**



Link your **askmyGP** account

Download the Evergreen Life PHR app or ask at reception for more information.

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Register using NHS login